

# D2X COACHING

## PARENT & PLAYER CODE OF CONDUCT



### Our Commitment

At D2X Coaching, our aim is to provide a safe, positive, and development focused environment where players can learn, enjoy football, and grow in confidence.

This Code of Conduct helps everyone understand what is expected so that sessions remain enjoyable, respectful, and focused on long-term development.

By joining D2X Coaching, both parents/carers and players agree to follow this Code of Conduct.

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#### PLAYER EXPECTATIONS

##### Players at D2X Coaching are expected to:

- Treat coaches, teammates, and others with respect
- Listen during sessions and try their best
- Be willing to learn, even when things feel challenging
- Accept mistakes as part of improvement
- Support teammates and work as part of a group
- Follow safety instructions at all times

##### Players are encouraged to:

- Ask questions
- Try new things
- Enjoy their football

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#### PARENT / CARER EXPECTATIONS

##### Parents and carers are expected to:

- Support their child in a positive and encouraging way
  - Focus on effort, learning, and enjoyment rather than results
  - Avoid coaching, shouting instructions, or directing players during sessions
  - Allow the coach to lead the learning environment
  - Communicate respectfully with coaches, other parents, and players
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## **DURING SESSIONS & MATCHES**

### **For the benefit of all players:**

- Coaching feedback will be delivered by the coach
- Parents are asked to support from the side without giving instructions
- Positive encouragement is always welcome
- Negative or aggressive behaviour will not be tolerated

This helps players think for themselves and build confidence.

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## **DEVELOPMENT FIRST**

### **D2X Coaching focuses on long-term development, not short-term outcomes.**

#### **This means:**

- Players may be challenged
- Progress may look different for each player
- Improvement is not always immediate
- Enjoyment and confidence are key parts of development

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## **COMMUNICATION & FEEDBACK**

- Parents are welcome to ask questions or raise concerns
- Communication should take place away from sessions, via agreed channels
- Feedback will always aim to support player development

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## **PARENT DEVELOPMENT PORTAL**

- D2X Coaching provides a parent log-in portal to support understanding of player development
- Information shared through the portal is confidential
- The portal is designed to support learning, not comparison between players

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## **SAFEGUARDING & WELFARE**

- Player safety and wellbeing are a priority
  - D2X Coaching follows safeguarding best practice
  - Any concerns should be raised directly with the coach or safeguarding contact
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**BREACHES OF THIS CODE****If this Code of Conduct is not followed:**

- A conversation will take place to address the issue
- Further action may be taken if behaviour continues
- In serious or repeated cases, participation may be withdrawn

All decisions are made in the best interests of players and the wider group.

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**AGREEMENT**

By signing up to D2X Coaching, parents/carers and players confirm that they have read, understood, and agree to follow this Code of Conduct.

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